## Optimists . . . Bringing Out the Best in Youth!



Middle School Track Meet

#### Purposes of the Optimist Club:

- To develop optimism as a philsophy of life using the tenets of the Optimist Creed
- To promote an active interest in good government and civic affairs
- To inspire respect for law, to promote patriotism and to work for international accord and friendship among all people
- To aid and encourage the development of youth in the belief that giving of one's self in service to others will advance the well-being of humankind, community life and the world



Youth Appreciation

### Cerritos Optimist Club Projects:

The club conducts and supports programs which encourage youth to develop various skills, attitudes, and ambitions:

- Oratorical Contest
- Essay Contest
- Youth Appreciation
- Elementary School STEM
- Middle School STEM
- Middle School Track Meet
- Tri-Star Basketball
- Fishing Derby
- Octagon Club at Cerritos High School
- Adult Transition Program
- Public Safety (Police & Firefighters)
- Halloween Trunk or Treat in Artesia
- Youth and Families in Need Program
- Distinguished Young Women
- ABCUSD Disadvantaged Children Program
- Childhood Cancer

If you are searching for a way to help your community, you'll find what you're looking for in the Cerritos Optimist Club.





**Essay Contest** 

# Optimist Club members receive as much as they give:

- The fellowship of people who get things done as volunteers
- The opportunity to develop and demonstrate leadership skills for Optimist Clubs locally, regionally, nationally and internationally
- The satisfaction of making a difference in the lives of children



Oratorical Contest

## **Optimist Creed**

#### **Promise Yourself**

To be **SO STRONG** that nothing can disturb your peace of mind.

To talk *health, happiness and prosperity* to every person you meet.

To make all your friends feel that there is **something in them**.

To look at the **sunny side** of everything and make your optimism come true.

To **think** only of the best, to **work** only for the best and to **expect** only the best.

To be just as **ENTHUSIASTIC** about the success of others as you are about your own.

To forget the mistakes of the past and press on to the *GREATER ACHIEVEMENTS* of the future.

To wear a cheerful countenance **AT ALL TIMES** and give every living creature you meet a smile.

To give so much time to the improvement of yourself that you have **NO TIME** to criticize others.

To be too **large** for worry, too **noble** for anger, too **strong** for fear, and too **happy** to permit the presence of trouble.

# Become a Member Today!

#### **Monthly Meetings:**

#### **Breakfast**

1st, 2nd and 4th Thursdays 7 - 8 a.m.

#### Denny's

16907 Pioneer Blvd. Artesia, CA 90701



An interesting speaker at every meeting.

#### **DUES: \$90 per quarter**

For more information, send us a request via email: cerritosoptimists@gmail.com
Visit our website: cerritosoptimistclub.com





#### " IT'S FOR THE KIDS!"



#### About Us:

The Cerritos Optimist Club is an all-volunteer service club in Cerritos, dedicated to helping our youth and is comprised of community leaders, local business members and residents. We have no paid staff and are entirely supported by hard-working volunteers dedicated to improving the quality of life for our kids.

